

All of our delicious fish has been sustainably sourced and is MSC certified!



Celebrating British Pie Week



WORLD BOOK DAY
5 MARCH 2020



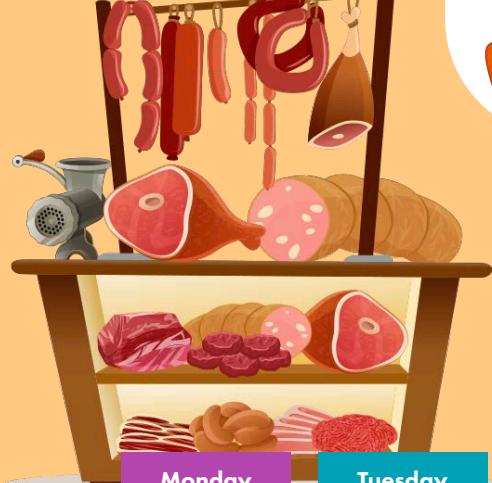
	Monday 24th Feb	Tuesday 25th Feb	Wednesday 26th Feb	Thursday 27th Feb	Friday 28th Feb
Lunch Option 1	Cheese & Tomato Pizza, Crispy Diced Potatoes & Tomato Ketchup	Roast Beef	Spaghetti Bolognese & Garlic Slice	Lincolnshire Sausage	MSC Fish Fingers & Potato Wedges
Lunch Option 2	Cheese & Vegetable Grill with Crispy Diced Potatoes	Cheese & Vegetable Crumble	Sticky Honey Chicken & Egg Rice	Sliced Gammon Ham	Cheese & Bacon Hassleback Potato with Sour Cream
Lunch Option 3	Baked Sweet Potato with Quorn Bolognese & Cheese	Quorn Sausage	Stuffed Pepper & Garlic Slice	Cheese Puff Pastry Whirl	Mexican Bean Wrap & Potato Wedges
1, 2 & 3 served with	Peas	Mashed Potatoes & Mixed Vegetables	Mixed Salad	Mashed Potatoes & Mixed Vegetables or Baked Beans	Mixed Vegetables
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Baguette	Grated Cheese Baguette	Sliced Ham Baguette	Diced Chicken Baguette	Diced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option 1	Banoffee Pancakes	Iced Caramel Sponge Cake	Oat Cookie & Orange Wedge	Chocolate Cracknel	Cinnamon Swirl Cake & Custard
Dessert Option 2	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option 3					
Dessert Option 4	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

	Monday 2nd March	Tuesday 3rd March	Wednesday 4th March	Thursday 5th March	Friday 6th March
Lunch Option 1	Beef Cottage Pie	Sweet & Sour Chicken & Egg Rice	Roast Chicken	Horrid Henrys Stack Burger with House Ketchup (Cheese Burger)	Harry Ramsdens MSC Battered Fish Fillet
Lunch Option 2	Chicken & Potato Shortcrust Pie	Ham & Cheese Potato Shells	Beef Casserole	Teddy Bears Picnic Box (Ham Roll, Cheese, Sausage Roll & Veg Sticks)	Sliced Gammon Ham
Lunch Option 3	Vegetable, Sweet Potato & Cheese Puff Pastry Pie	Macaroni Cheese & Garlic Slice	Sweet Potato, Spinach & Butterbean Casserole	The Witches Fingers (Breaded Vegetable)	Pulled Pork Style Roll for (Jackfruit)
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Roast Potatoes & Mixed Vegetables	Where's Wally Wedges & Jacks Magic Beans	Potato Wedges, Spaghetti Hoops & Cucumber Slices
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Baguette	Grated Cheese Baguette	Sliced Ham Baguette	Diced Chicken Baguette	Diced Ham Baguette
4 & 5 served with	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
Dessert Option 1	Jelly & Cream	Jam Sponge & Custard	Tutti Frutti Cookie & Melon Wedges	Willy Wonkas Scrumdiddlyumptious Caramel Drizzle Chocolate Cake	Slightly Spiced Apple Crumble & Custard
Dessert Option 2	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option 3					
Dessert Option 4	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Locally sourced meat

We use *Simpsons* est. 2000

Traceable from farm to shop!



Celebrating the first day of spring

on Friday 20th March

	Monday 9th March	Tuesday 10th March	Wednesday 11th March	Thursday 12th March	Friday 13th March
Lunch Option 1	Southern Style Chicken, Tortilla Wrap, Savoury Rice & Mayonnaise	Beef Lasagne & Fresh Bread Selection	Roast Pork & Roast Potatoes	Ham & Cheese Puff Pastry Whirl with Mashed Potatoes	MSC Cod Fishcake
Lunch Option 2	Salmon Fish Finger Sandwich with Cheese & Mayonnaise	Sweet & Sour Pork with Savoury Rice	Mega Mild Chilli Mince Potato Shells	Tuna Pasta Bake & Garlic Slice	Cheese & Ham Omelette
Lunch Option 3	Vegetable Lasagne & Garlic Slice	Quorn Pieces in Sweet & Sour Sauce with Rice	Leek & Potato Bake	Spinach & Tomato Egg Muffins & Garlic Slice	Mega Mild Quorn Chilli 'Non' Carne & Tortilla Wrap
1, 2 & 3 served with	Mixed Salad	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Potato Wedges & Baked Beans or Sweetcorn
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Baguette	Grated Cheese Baguette	Sliced Ham Baguette	Diced Chicken Baguette	Diced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option 1	Peaches & Custard	Sticky Toffee Pudding	Flapjack with Apple Quarters	Vanilla Sponge & Chocolate Sauce	Chocolate Brownie
Dessert Option 2	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option 3					
Dessert Option 4	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

	Monday 16th March	Tuesday 17th March	Wednesday 18th March	Thursday 19th March	Friday 20th March
Lunch Option 1	Cheese & Tomato Pizza, Crispy Diced Potato & Tomato Ketchup	Cheesy Beef & Macaroni Bake	Roast Chicken	MSC Fish Goujons	Lincolnshire Sausage & Fresh Bread Roll
Lunch Option 2	Stuffed Pepper & Garlic Slice	Jacket Potato with Mild Chicken Curry	Minced Beef & Potato Pie	BBQ Pulled Pork Roll	Spring Chicken Pie
Lunch Option 3	Pesto Pasta & Garlic Slice	Cheese Filled Potato Shells	Quorn Mince & Potato Pie	Quorn Dippers	Spring Vegetable & Potato Bake
1, 2 & 3 served with	Peas	Mixed Salad	Mashed Potatoes & Mixed Vegetables	Diced Potatoes, Spaghetti Hoops & Cucumber Slices	Potato Wedges & Baked Beans or Sweetcorn
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Baguette	Grated Cheese Baguette	Sliced Ham Baguette	Diced Chicken Baguette	Diced Ham Baguette
4 & 5 served with	Mixed Salad	Mixed Salad	Mixed Salad	Served with Mixed Salad	Mixed Salad
Dessert Option 1	Fruity Jelly	Apple Cake & Custard	Butterscotch Cookie	Melting Chocolate Pudding	Lemon Cheesecake & Ice Cream
Dessert Option 2	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option 3					
Dessert Option 4	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



Meat-free options

We try to give veggies as much choice as we possibly can!



Eat the rainbow week!

We've got all the colours of the rainbow in this weeks menu!



	Monday 23rd March	Tuesday 24th March	Wednesday 25th March	Thursday 26th March	Friday 27th March
Lunch Option 1	Macaroni Cheese & Fresh Bread Selection	Mild Coconut Chicken Curry, Rice & Naan Finger	Roast Turkey	Puff Pastry Sausage Roll	Harry Ramsdens MSC Battered Fish Fillet
Lunch Option 2	Tuna Melt Potato Skins	Vegetable Spring Rolls with Sweet & Sour Sauce & Egg Rice	Cauliflower Cheese & Bacon Bake	Cheese & Ham Quiche	English Breakfast Muffins (Quorn Sausage & Cheese)
Lunch Option 3	Mild Chickpea Curry & Rice	Penne Pasta in Tomato & Basil Sauce	Quorn Vegan Fishless Fingers	Spinach & Tomato Egg Muffins	Vegetable Lasagne
1, 2 & 3 served with	Peas	Mixed Vegetables	Roast Potatoes & Mixed Vegetables	Fluffy Mashed Potatoes & Baked Beans	Potato Wedges, Sweetcorn & Mayonnaise
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Baguette	Grated Cheese Baguette	Sliced Ham Baguette	Diced Chicken Baguette	Diced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option 1	Strawberry Mousse & Fruit	Chocolate Sponge & Chocolate Sauce	Oat Cookie & Melon Wedge	Carrot Cake	Mango Cupcake
Dessert Option 2	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option 3					
Dessert Option 4	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

	Monday 30th March	Tuesday 31st March	Wednesday 1st April	Thursday 2nd April
Lunch Option 1	Rainbow Veggie Pizza, Crispy Diced Potatoes & Ketchup	Roast Chicken	Spaghetti Bolognese & Garlic Slice	Lincolnshire Sausage
Lunch Option 2	Cheese & Vegetable Grill with Crispy Diced Potatoes & Ketchup	Salmon & Broccoli Quiche	Sticky Honey Chicken & Egg Rice	Sliced Gammon Ham
Lunch Option 3	Baked Sweet Potato with Quorn Bolognese & Cheese	Quorn Sausage	Mexican Bean Wrap & Potato Wedges	Rainbow Puff Pastry Cheese Whirl
1, 2 & 3 served with	Peas	Mashed Potatoes & Rainbow Mixed Vegetables	Mixed Vegetables	Mashed Potatoes & Mixed Vegetables or Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Baguette	Grated Cheese Baguette	Sliced Ham Baguette	Diced Chicken Baguette
4 & 5 served with	Mixed Salad	Mixed Salad	Mixed Salad	Served with Mixed Salad
Dessert Option 1	Banana Cake & Chocolate Sauce	Iced Caramel Sponge Cake	Cherry Shortbread & Rainbow Fruit Platter	Chocolate Cracknel
Dessert Option 2	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option 3				
Dessert Option 4	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

End of term!